Friday, Feb. 22, 2002 Peterson Air Force Base, Colo. Vol. 46 No. 7

## By Staff Sgt. Melanie Epperson

21st Space Wing Public Affairs

f you have been to the 810th Medical Group Pharmacy at Peterson Air Force Base in the last few weeks, you may have noticed a few changes.

"We recognized we needed to change the way we do business," said Maj. David Bobb, pharmacy flight commander. "We weren't giving people the service they deserved, and we wanted to change that."

The most visible change for customers is the new "bank teller" system.

According to Bobb, the new system, called the Q-matic system, has changed the entire pharmacy experience.

When customers enter the pharmacy lobby, they are greeted by a volunteer who asks them if they would like to drop off a handwritten prescription for pick-up the next day. If the answer is yes, the volunteer takes the prescription, makes sure the pharmacy stocks that type of medication and answers any questions the customer may have. If the answer is no, the volunteer directs the customer to the Q-Matic computer where he can take a number assigned by one of three categories.

The first category, and top priority, is "active duty in uniform/owe labels." Owe labels are cards the pharmacy technicians give to customers when the prescribed medication is out of stock. Customers with owe labels need not be active duty to get priority.

The second category is "doctor/nurse entered scripts." After a doctor or nurse sees a patient, any needed prescriptions are entered into the computer system and go directly to the pharmacy computer.

The third category is "handwritten prescriptions." This is for patients seen off

base. All handwritten prescriptions have to be manually input into the pharmacy computer before they can be filled.

After taking a number, the customer may take a seat and wait until his number is called and displayed on a screen above the pharmacy windows. The display also directs the customer to the appropriate window.

According to Bobb, the average wait time for active-duty members is down to around six minutes and wait time for non-active-duty members is around 43 minutes.

"Before the new system was implemented, one-to-two hour waits were not uncommon," he added.

With the Q-matic system, a computer program monitors the number of customers in a certain category who are waiting, estimated wait times and the categories being served at each window.

nce the customer reaches the window, a pharmacy technician will greet him.

There one can discuss their medications, dose instructions and side effects. The technician will personally fill the prescription after answering all the customer's questions.

"Our goal was not only to decrease wait times, we wanted to provide better quality service," said Master Sgt. Adrian Davis, pharmacy superintendent. "Now we get to spend time with the customer, and when they leave the window, they know what medications they have and how to use it."

The process for picking up refills is also different.

Prescription refills must be phoned into the pharmacy's automated refill line at 556-1100. Refills called in before 2 p.m. will be ready the next duty day.

The pharmacy has a separate window devoted to refills. The customer doesn't



Photos by Staff Sgt. Melanie Epperson Graphic design by Senior Airman Josh Clendenen

have to take a number, but he does have to wait in line until his turn at the window.

Bobb added that there is still much to do when it comes to refills.

"We've had a lot of problems in the past with people calling in refills and not picking them up," said Capt. Aaron Middlekauff, pharmacy officer-in-charge. "Refills only stay on the shelf for five duty days, and then we have to restock them because we don't have the room to keep them on the shelf."

This and several other factors have led the pharmacy staff, the 21st Space Wing and the Defense Commissary Agency to work together to find a location for a new refill pharmacy.

"We're looking at space in the Base Exchange/commissary area," Bobb said. "We want to set up a separate location just for refills where people can do their shopping and pick up their refills afterward."

According to Middlekauff, this would free up even more space at the pharmacy and an additional window they can use to help customers with their new prescriptions.

"That would cut wait times down even more," he added.

Bobb said he hopes the new refill location will be running sometime this summer.

Also coming to the pharmacy this summer is new automated medication dispensing equipment and bar code technology.

Each prescription will have a bar code on it, which, when scanned, will provide the technician with an image on his computer screen of the actual medication and prescription.

"We don't have a lot of problems with people getting the wrong medication or prescription, but this should help eliminate these incidents altogether," Bobb said.

ith all the changes going on, it's not unusual that the pharmacy has experienced some growing pains, but according to Middlekauff, most customer comments now are positive.

"I was dreading coming in here today," said Senior Master Sgt. Greg Brown, U.S. Air Force Band of the Rockies. "There's usually a long line, and I don't like jumping in front of the people who have been waiting just because I'm in uniform."

Brown said his first use of the new system worked out great. His wait time Wednesday morning was one minute.

Brown's expedient, positive experience is what the pharmacy staff is striving for.

"It's been a long road," Bobb said. "We've been working on this for about a year, and things are finally falling into place."

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#### News



Lord to take command of AFSPC - Page 3

#### **Feature**



The 21st Space Wing's Spotlight on Justice - Page 4

#### **Sports**



Go around and around with spinning - Page 9

## Hey! Did you know...

Peterson AFB actually has a website other than www.peterson.af.mil.

If you're logged on to 21

Net, try typing petecentral into the address window on your browser.

## **Around the Wing**



To the men and women of the 21st Space Wing:

This week the Air Force honored me with a nomination for promotion to major general. Let me say this as clearly as I can. I am on this list because of your outstanding performance. The Air Force is a team and no one gets promoted to major general alone.

I have been blessed with a wonderful, loving, and supportive family, and have benefitted from great associates and mentors over my years of service. I have also been fortunate in having the distinct pleasure of commanding a number of superb units, but none as excellent as the 21st Space Wing.

To every enlisted person, officer, civilian, and contractor in the wing, thank you from the bottom of my heart, and please take some personal pride in the honor that has come my way. It is your honor as well.

> C. ROBERT KEHLER Brigadier General, USAF Commander, 21st Space Wing





Unit: Detachment 1, 21st Operations Group Location: Royal Air Force Feltwell, United Kingdom Mission: The detachment detects, tracks and identifies deep space satellites using the Deep Space Tracking System and low altitude satellites using the Low Altitude Space Surveillance system. Deep space objects are those with orbits that take more than 225 minutes to rotate the earth. Satellites are categorized as low altitude if their orbit takes less than 225 minutes.

## **Action Line**

Q: What is the policy on active duty military in uniform showing their ID cards when entering a facility? I work in a place that routinely checks ID cards upon entry. Recently, we have had a lot of active duty members who are not even carrying their ID cards with them for routine use. The answer I received today was I am in uniform.

A: Thank you for your question. All ID cardholders are responsible to carry their ID card at all times. Only personnel with valid active duty military, retired military, civil service, dependent or U.S. government ID cards are allowed unescorted access to Peterson and the

base facilities.

In order to provide a safe and secure environment for those who live and work on Peterson, we must have and enforce strict entry requirements. Because of the heightened security posture, Peterson is currently conducting antiterrorism measures to include ID checks at the gates.

We are also randomly conducting 100 percent ID checks of all vehicle occupants at our gates and of individuals entering selected buildings.

If any individual refuses to produce valid identification when asked, ask for a name and contact the Security Forces desk at 556-4000. It's very important we

can positively identify people on the base.

Again, if someone refuses a random ID check, call security at once. If you have any questions, please contact Tech. Sgt. Scott McCalla at 556-8235.

#### **Submitting Action Lines**

The Action Line is your direct line to me. If you have any questions, comments or concerns you would like to tell me about, please call or fax the Action

Thank you for your time and effort in helping us improve the Peterson Complex.

To submit an Action Line call 556-7777 or fax your question to 556-7848.



Brig. Gen. Bob Kehler 21st SW commander

## **News Briefs**

**OFFICER'S CLUB CONSTRUCTION -** A section of the Officer's Club parking lot will be closed for construction until April 30. A contractor will construct landscaped islands and install new parking lot lights.

The entire south portion of the parking lot will be open for parking. A limited number of parking spaces will be available at the north end of the lot.

Any questions or concerns should be addressed to Master Sgt. Michael Funicelli at 556-1634. **GOLF COURSE GRILL CLOSURE** - The 19th Hole Grill at the Silver Spruce Golf Course will be closed for renovation Monday through April 19.

A contractor will install a new heating, ventilat-

ing and air-conditioning system, repair the roof and install a new ceiling.

For more information on the closure call Richard Amaya at 556-7204.

**SUMMER HIRE PROGRAM** - The Student Summer Hire Program will be June 3 - Aug. 23.

The program is designed to provide experience for students while helping base agencies accomplish their missions.

Supervisors and managers should submit their summer hire needs to the 21st Mission Support Squadron. As a reminder, summer hires will not have a security clearance for the program.

Students who wish to apply must be 16 years old by June 3, and have submitted a resume' between March 11 and March 22.

For more information, call Nancy Nowacki at 556-6188.

SPACE COMMAND FAMILY DAY - Just a reminder for Peterson Air Force Base, Cheyenne Mountain Air Force Station, Schriever AFB, and other local installations: The Air Force Space Command commander has declared today a family day. People should get administrative and personnel errands accomplished before that day, as limited services will be available. Today is also the annual AFSPC SnoFest!!! ski day.







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## Lord to take over Space Command

former director of plans and vice commander of Air Force Space Command could be returning to the headquarters for the third time -- this time as a four-star commander.

Secretary of Defense Donald Rumsfeld announced Feb. 14 that the president has nominated Lt. Gen. Lance Lord, the assistant vice chief of staff at headquarters U.S. Air Force, for another star and the top post at AFSPC.

Gen. Ed Eberhart, commander AFSPC and commander in chief North American Aerospace Defense Command and U.S. Space Command, will hand over command of the Air Force major command to Lord sometime in April and remain head of NORAD and U.S. Space Command. The organizational change is the result of a recommendation made last year by the Department of Defense's Space Commission.

"I am deeply honored to be nominated to serve as commander of Air Force Space Command," Lord said. "Our success in the war on terrorism demonstrates space is critical to national security and all military services -- from peace, through crisis, to war. If confirmed for this important job, I look forward to leading the finest space professionals in the

Much of Lord's career has been spent in the missile field. His first duty assignment was as a Minuteman II combat crewmember with the 321st

Strategic Missile Wing, Grand Forks AFB, N.D. He has also had assignments as a Minuteman II evaluation member and missile operations staff officer. His first command was for the 10th Strategic Missile Squadron at Malmstrom AFB, Mont.

Other command positions include the 90th Missile Wing, F.E. Warren AFB, Wyo., 30th Space Wing at Vandenberg AFB, Calif., and the 2nd Air Force at Keesler AFB, Miss. He has also served in academic positions as commandant of the Squadron Officer School, Maxwell, AFB, Ala., from 1990 to 1992 and commander of Air University at the same base from 1999 to 2001.

The selection elicited a positive response from the current commander.

"The men and women of Air Force Space Command join me in congratulating Lieutenant General Lance Lord for being nominated by the president to the rank of general and to be the next commander," said Eberhart. "He is a tremendous leader who is exceptionally well-qualified to meet the dynamic challenges of providing warfighters with the world's best space capabilities. We are happy to welcome General Lord and his wife Beccy back to the Air Force Space Command team."

The general has to be confirmed at a hearing of the Senate Armed Services Committee. If approved, the matter goes on to the Senate for a role call vote.

(Information courtesy of Air Force Space Command Public Affairs)



Lt. Gen. Lance Lord has been selected not only for a fourth star, but has been selected to be the new Air Force Space Command commander. Lord is slated to take the helm from Gen. Ed **Eberhart sometime in April.** 

## Gen., 2 Maj. Gen., 20 Col. on select lists

#### By Senior Airman Josh Clendenen

21st Space Wing Public Affairs

The Peterson Complex has its share of exceptional performers.

From airmen receiving senior airman below the zone to the stripes for exceptional performer recipients, the command has truly gone above and beyond.

And officers are no exception. The lists for general, major general and colonel were recently released.



■ Lt. Gen. Lance Lord, assistant vice chief of staff, Headquarters U.S. Air Force.



- Brig. Gen. Bob Kehler, 21st Space Wing commander.
- Brig. Gen. Michael Gould, Cheyenne Mountain

Operations Center commander.



21st Space Wing

■ John L. Emich, Jr.

(BTZ)

- Froilan A. Saluta (CH)
- Stewart L. Noel (JA)
- Venetia E. Brown
- Stephen M. Tanous

Air Force Space Command

- Henry Mitnaul
- Kenneth A. Jeter
- Dale L. Hayden
- Rene L. Mosley

- David A. Blehm
- Thomas C. Walker U.S. Space Command
  - William J. McManus
  - Peggy B. Hillebrandt
  - Steven E. Armstrong
  - Jeffrey P. Harrell
  - Bruce C. Townsend
  - Joseph M. Stoker
  - Michael D. Cartney
  - Richard O. Osmun
  - Andrew Fowkes

## Espionage--How we are combating the insider threat

imply put, espionage is the act of spying to obtain intelligence information. To borrow a phrase from the former comic strip character, Pogo, "We have found the enemy, and he is us."

Research has shown that the overwhelming number of Americans arrested for spying the past 20 years have been volunteers or insiders. But the question is--how do we look for insider spies?

One of the things counterintelligence specialists look for is irregular or suspicious behavior. Some common personality characteristics include arrogance, greed and jealousy.

However, any lifestyle activity that is inconsistent with commonly acceptable behavior should be questioned. For example, unexplained wealth; purchases of high value items; frequent domestic or foreign travel for no apparent purpose; excessive use of classified computers; or questionable visits by friends or family from foreign countries. Any of these examples should raise our security awareness.

Counterintelligence specialists look for irregular patterns of behavior because spying or the intelli-

gence collection activities of our enemy is frequently revealed by their unusual or irregular behavior. Too often, the unusual behavior pattern of the spy is only identified after the spy is caught in his illegal activi-

Unfortunately, the insider threat within the Air Force is real and we do not really know how widespread the problem behavior is.

What is reported to security and law enforcement appears to be only the tip of the iceberg. It is important to remember that opportunity equals temptation, and that your personal acquaintances and coworkers might very well be the next insider threat.

Early detection of irregularities through the recognition of unusual behavior patterns of people can help counterintelligence specialists identify spies and espionage activities directed against our national

The detection of irregularities or unusual behavior patterns is every citizen's responsibility. Early detection of questionable lifestyle practices that are inconsistent with the norm will aid in the neutralization of espionage efforts directed against the United States. All Americans bear the responsibility to report suspicious behavior to security or law enforcement authorities.

The key elements in fighting the insider threat are security awareness and reporting the threat.

Security awareness requires that we make an effort to identify peculiar or unusual situations or behavior. The threshold for reporting suspicious behavior or activity is low. Therefore, when in doubt, report the unusual behavior or activity to your supervisor, local security or Air Force Office of Special Investigations. You can contact AFOSI and remain anonymous if you desire. If necessary, our special agents will protect your identity.

Remember, to counter the espionage threat, it is important that we be aware of our surroundings, and that we report anything irregular or out of the ordinary to AFOSI or other law enforcement authorities.

For more questions or to report suspicious incidents, please call the Peterson OSI at DSN 834-4347.

(Information courtesy of the Air Force Office of Special Investigations)

### News

## 21st Space Wing Spotlight on Justice:

## Four courts-martials, eight Articles 15 for January

ase legal officials recently announced the court-martial and Articles 15 actions for January. All of the accused were tried under the Uniform Code Of Military Justice during their courts-martial.

#### **COURTS-MARTIAL**

■ An airman basic assigned to the 721st Security Forces Squadron, Cheyenne Mountain Air Force Station, was tried by a general court martial Jan. 11 for violation of Article 112a, wrongful use of a controlled substance, Ecstasy, marijuana, Xanax and valium; violation of Article 112a, wrongful possession of a controlled substance, LSD; violation of Article 128, assault; violation of Article 92, failure to obey a lawful order; violation of of Article 134, communicating a threat and wrongfully endeavoring to influence the testimony of a government witness.

The airman pleaded guilty to the use of valium, however, not guilty to the remaining charges.

The airman was found guilty for use of Ecstasy, use of marijuana, use of valium, and failure to obey a lawful order. The accused was found not guilty of possession of LSD, assault, communicating a threat, and wrongfully endeavoring to influence the testimony of a government witness.

The airman was sentenced to 10 months confinement, forfeiture of all pay and allowances and a bad conduct discharge.

■ An airman first class assigned to the 721st Communications Squadron, CMAFS, was tried by a general court martial on Jan. 18 for violation of Article 112a, wrongful use of a controlled substance, Ecstasy, marijuana and LSD, and violation of Article 134, communicating a threat.



The airman pleaded guilty to use of marijuana and not guilty to use of Ecstasy, use of LSD and communicating a threat.

The court members found the accused guilty of use of marijuana, and communicating a threat, however, not guilty to use of Ecstasy and LSD.

The accused was sentenced to confinement for three months, reduction to E-1 and a bad conduct discharge.

■ An airman first class assigned to the 13th Air Support Operations Squadron, Fort Carson, Colo., was tried by a general court martial on Jan. 18 for violation of Article 112a, wrongful use of a controlled substance, cocaine.

The airman pleaded guilty and was found guilty. The accused was sentenced to confinement for three months, reduction to E-1, forfeiture of all pay and allowances and a bad conduct discharge.

■ An airman basic assigned to the 721st Security Forces Squadron, CMAFS, was tried by a general court martial on Jan. 23 for violation of Article 112a, wrongful use of a controlled substance, Ecstasy, LSD and marijuana, and violation of Article 86, going from appointed place of duty.

The airman pleaded guilty to both charges in exchange for a limited confinement term.

The accused was sentenced to confinement for 11 months. However, for pleading guilty the accused received only seven months confinement and a bad conduct discharge.

#### **ARTICLES 15**

■ An airman assigned to the 21st Civil Engineer Squadron received an Article 15 for violation of Article 92, dereliction of duty and underage drinking.

The member received a suspended reduction to the rank of airman basic, forfeiture of \$500 pay per month for two months and 30 days extra duty.

On Jan. 15, the member received a vacation of suspended non-judicial punishment for violation of Article 92, dereliction of duty and underage drinking.

The member received a reduction to the rank of airman basic.

■ An airman first class assigned to the 21st CES received an Article 15 for violation of Article 108, willful damage of government property, and violation of Article 134, drunk and disorderly.

The member received a suspended reduction to the rank of airman, forfeiture of \$50 pay per month



for two months, 30 days extra duty and a reprimand.

■ An airman first class assigned to 21st CES received an Article 15 for violation of Article 86, failure to go at the time prescribed to appointed place of duty.

The member received a suspended reduction to the rank of airman, and restriction to the limits of Peterson Air Force Base for 30 days.

■ A senior airman assigned to the 721st Security Forces Squadron received an Article 15 for violation of Article 92, dereliction of duty, reading a magazine and listening to loud music on post.

The member received a suspended reduction to the rank of airman first class, forfeiture of \$100 pay and a reprimand.

- A colonel assigned to U.S. Space Command received an Article 15 for violation of Article 111, drunken or reckless operation of a vehicle.
- An airman assigned to the 721st SFS received an Article 15 for violation of Article 113, misbehavior of a sentinel, sleeping on post.

The member received a reduction to the rank of airman basic, 14 days extra duty, restriction to the limits of Peterson for 14 days and a reprimand.

■ A senior airman assigned to the 367th Recruiting Squadron received an Article 15 for violation of Article 92, failure to obey an order and violation of Article 107, false official statement.

The member received a reduction to the rank of airman first class and a reprimand.

■ An airman basic assigned to the 1st Space Control Squadron received an Article 15 for violation of Article 92, failure to obey a lawful order.

The member received forfeiture of \$552 pay per month for two months and restriction to the limits of Peterson for 14 days.

(Courtesy of the 21st Space Wing Legal Office)

## Unit News —

#### GSU Briefs

## 7th Space Warning Squadron

The 7th Space
Warning Squadron hosted Gen. Robert H.
Foglesong, Air Force
vice chief of staff, who
came to the squadron for
a site visit Wednesday.
The general toured the
unit's operational areas
and met with unit personnel.

#### Detachment 3, 18th Space Surveillance Squadron

Col. Michael Rampino, 21st Operations Group commander, visited Detachment 3, 18th Space Surveillance Squadron, at Maui, Hawaii Thursday and today for a site visit.

Send your items for inclusion in "GSU News" to:

Space.
observer@
peterson.af.mil

## <u>Safety</u> Always

13

This is the number of Air Force people killed in vehiclerelated mishaps so far this year. Use good judgement when you step behind the wheel. Always wear your seatbelt, don't drink and drive, plan frequent rest stops. The life you save could be your own (Information courtesy 21st Space Wing Safety)

## Star Performer: Senior Airman Julian White

**NAME**: Senior Airman Julian White

UNIT: 20th Space Surveillance Squadron, Eglin Air Force Base, Fla. JOB TITLE: Operations Training Specialist HOMETOWN: Colorado Springs, Colo.

TIME IN SERVICE: Two years, eight months

Senior Airman Julian White, Operations Training Specialist, 20th Space Surveillance Squadron, Eglin Air Force Base, Fla., was one of a select group of airmen to dine with President Bush recently when he visited Eglin AFB.

White's is an Operations Training Specialist, responsible for ensuring the operations crews as well as incoming personnel are trained at the highest level of proficiency possible to ensure mission success.

He operates a \$250 million AN/FPS-85 phased-arrayspace surveillance radar to detect, track and identify more than 8,300 objects in space.

White is the 20th SPSS Airman of the Year and was selected by the Eglin Chief Master Sergeants Association as one of 50 "sharp troop" winners for the year. He was a member of the 2001 Guardian Challenge Team, contributing to the 21st Space Wing winning the Aldridge Trophy, awarded for best space operations.

When asked how he felt about having the honor of having lunch with the President, White said: "The President's visit was a welcome surprise....an opportunity to have lunch with him was definitely a chance of a lifetime. President Bush turned out to be as personable as he always seems to be on television; I was thankful that I was chosen to take part in this event."

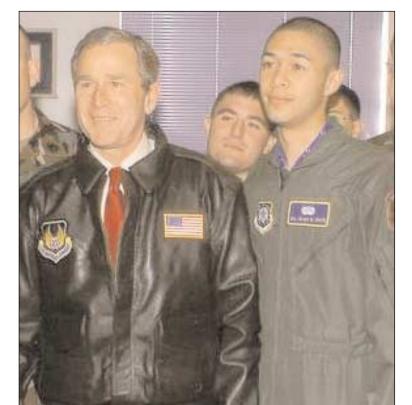
White completed basic training at Lackland AFB, Texas. He completed the Enlisted Space Operator Training Course at Vandenberg Air Force Base, Calif. and was assigned to the 20th Space Surveillance Squadron as a console Operator.

He was promoted to senior airman below the zone and was recently selected for staff duty as a training instructor.

He was a key player in acquiring initial observations for a new Chinese reconnaissance satellite. He was also one of the first of 27 worldwide sensors to track the inaugural launch and shed light on China's secret space program.

He configured radar resources to acquire a newly launched commercial satellite. He personally tracked first of 12 satellites in the constellation, providing real-time data to controlling launch agencies.

He eliminated a major procedural defect for tracking the rendezvous of the Space



Courtesy photo

White recently had the opportunity to have his photo taken with President George W. Bush.

Shuttle and the International Space Station, preventing loss of manned spaceflight data.

He diligently trained six new unit personnel, who posted 100 percent check-ride success

White is the first to volunteer when help is needed.

He assisted with a variety of community cleanup projects, a Christmas luncheon for senior citizens, Habitat for Humanity activities, construction of Eglin's "Year of the Family" playground project, and many other high-profile community projects.

#### -Around the Air Force—

## Combat controller brings in initial OEF airflow

By Tech. Sgt. **Ginger Schreitmueller** 

Air Force Special Operations **Command Public Affairs** 

mong an Air Force combat controller's many missions is the ability to provide air traffic control under the most austere conditions.

Within the first few days of Operation Enduring Freedom, one combat controller proved his long years of training in this skill as a valuable asset to the mission.

Master Sgt. Bart Decker, an 18-year combat control veteran, was among the first to arrive at a forward-deployed base in Uzbekistan in October to support America's war on terrorism.

Within days of arriving, Decker put his expertise to work. In order to bring the force, needed supplies and equipment to the fight, Decker and fellow combat controllers had to tackle the antiquated air traffic control systems in place.

"The tower and the runway [were] not in bad condition, and the host nation was actively using [them]," Decker said. "However, the control tower was set up with Cold War-era equipment with 1950's technology. It had fairly old systems that weren't in the best of shape."

Since combat control teams had surveyed the tower equipment and runway systems in advance, the controllers came prepared to augment the existing gear.

As a standard, controllers deploy with portable navigational and communications systems to establish austere runways and landing zones without the benefit of an existing tower or large communications or navigational systems.

In this case, the controllers knew existing systems were useable but more modern equipment would better meet the needs of the mission.

"The in-place radar system was not up to today's technology and would limit the ability to bring U.S. aircraft in bad weather and if visibility was not perfect," Decker said.

This was a critical factor as winter was moving in and dust storms are common occurrences in the region.

After integrating a U.S. navigational system and portable lights along the runway and approach end, the controllers set up their mobile microwave landing system.

"MMLS is a mobile antennae system that enhances our ability to keep the airflow going," Decker said. "Weather and dust storms could limit the ability of the aircraft to get in and out of the airfield. The MMLS provides the aircrew a

[means to] 'stair-step down' through clouds or dust storms, to bring them in to be able to see the runway. The radar system in place at the airfield was a basic system, which would limit our ability to bring the airflow in to the base."

Though the MMLS was used during peacekeeping operations in Bosnia, this is the first combat employment of the system.

"We train on the system and know it would provide us enhanced air traffic control capabilities under the circumstances in country," Decker

"Based on information from the advance team, we arrived at the site with the system so we could begin air traffic control operations quickly," he said. "It worked perfectly and ensured we could bring in the aircraft safely. We averaged about 15 sorties a day, around-the-clock airflow: bringing the aircraft in, getting them moved and unloaded, and flying them back out again."

A team of combat controllers worked 24-hour shifts throughout the first weeks of the operation to bring the force to the fight.

"Our team brought in the initial airflow of C-17 [Globemaster III] aircraft to the forward location," Decker said. "The C-17s brought in everything needed to establish



Master Sgt. Bart Decker, an Air Force combat controller, rides horseback with the Northern Alliance in Afghanistan.

the base camp, from people to supplies."

Despite the obstacles faced with the equipment, Decker said working with host nation controllers was a positive experience. The host nation controllers and combat controllers worked in unison to bring in the airflow.

"They received the initial call from another tower that aircraft [were] inbound," he said. "From there, they passed us the information and we began interfacing with the main radar to pick up the incoming planes."

The working relationship did mean overcoming the language barrier, but Decker said

President wants more for AF Reserve

the cooperation was good.

"We had interpreters who helped with the language barriers, but after a few days of working in the tower together we developed a good rapport with our host nation controllers," Decker said. "One of the host nation controllers even brought in a chess board and we all started playing chess during any quiet times."

After several weeks of providing critical air traffic control for the U.S. military transporters, Decker and his team of controllers brought in the bare-base support, supplies and people to turn the dot on the map into a forward operat-

#### The president's proposed defense budget for next year seeks \$3.46 billion in funding and an end-strength of 75,600 reservists for Air Force Reserve Command. The fiscal 2003 request, which covers the fiscal year starting Oct. 1, asks for 900 more reservists and \$249.6 million more than the

budget approved by Congress for fiscal 2002. Senior Department of Defense officials announced the overall defense budget request

of \$379 billion Feb. 1.

The Air Force is to get \$87.2 billion. AFRC receives funding from three separate appropriations: operations and maintenance, Reserve personnel, and military construction. Although allocated separately as a DOD procurement account, the National Guard and Reserve Equipment Appropriation also supports command needs.

Most of AFRC's portion of the fiscal 2003 president's budget request -- \$2.19 billion -- is earmarked for O & M funds to train, organize and administer the command.

The Reserve received \$2.01 billion in O & M funds in fiscal 2002. Another \$1.24 billion goes to the Reserve personnel appropriation. The RPA includes a proposed 4.1 percent across-the-board military pay raise, some targeted pay raises for certain grades, and the addition of 61 full-time active Guard and Reserve people.

The requested Reserve personnel appropriation represents a \$182.4 million increase compared to the fiscal 2002 budget.

Requested funding for military construction in fiscal 2003 is \$31.9 million, which includes four major projects at Portland International Airport, Ore., to initiate the 939th Rescue Wing's conversion to KC-135 Stratotanker aircraft.

MILCON funding also covers unspecified minor construction, as well as planning and

This year the Reserve is getting \$74 million for military construction, \$21 million more than the president requested.

Under his 2002 budget, the president recommended \$53 million, which included renovations at AFRC headquarters at Robins Air Force Base, Ga., as well as a construction project at Keesler AFB, Miss.; another at Grissom Air Reserve Base, Ind.; and two at Maxwell AFB, Ala. Congress added \$21 million to the request to cover projects at March ARB, Calif.; Luke AFB, Ariz.; Homestead ARB, Fla.; and Minneapolis-St. Paul IAP Air Reserve Station, Minn.

The fiscal 2003 president's budget proposal must pass both houses of Congress and be signed by the president before becoming

(Courtesy of AFRC News Service)



Photo by Airman 1st Class Jason A. Neal

#### Well deserved

After 57 years, Fred W. Marshall received his Purple Heart at Pope Air Force Base, N.C., for wounds he received in combat during World War II. While advancing on enemy forces in Chambord, France on Sept. 6, 1944, Marshall suffered shrapnel wounds to his upper body and head. He regained consciousness three weeks later in a hospital in Paris, and spent 13 months recovering in various hospitals.

#### Today

■ UNISERV Thrift Savings Plan briefing, 1-2:30 p.m., at the Family Support Center.

#### Monday

- Mothers on the Move, 9:30-10:30 a.m. Mondays, Wednesdays and Fridays, at the Family Advocacy Center.
- Assertive communication, 2:30-4 p.m., at the base library.

#### **Tuesday**

- Sponsorship training, 7:30-8:30 a.m., at the Family Support Center.
- Resume Review class, 9-11 a.m., at the Family Support Center.

#### Wednesday

- Story time for kids, Wednesdays, at the base library.
- Single Parent Support Group, 11:30 a.m.-1 p.m., at the Family Support Center.
- Mexican food buffet, 5-7 p.m., at the enlisted club.

<u>Community News</u>

year's free, public concert will be held

at the Peterson Air Force Base Chapel

Sunday, 3-5 p.m. Refreshments will

For more information, call

**MILITARY LIAISON TEAMS** - The Air

Force Personnel Center is looking for

active duty captains and majors to vol-

For more information, contact the

unteer for military liaison teams in

Georgia, Moldova and the Ukraine.

PIKES PEAK MILITARY FAMILY

**COOKBOOK** - The Peterson Air Force

Base Officers' Wives Club is creating a

cookbook to include all military fami-

lies in the Pikes Peak region. To sub-

■ All recipes must be neatly

■ Clearly state the title of your

■ Include your name, military

■ List all ingredients, then the

Submissions may be made by e-

lnarum@msn.com or mailing Linh

Narum, c/o Peterson Officers' Wives'

Club, P.O. Box 14066, Peterson AFB,

For more information, call

MASS TRANSPORTATION COM-

Transportation and Vanpool Fringe

Benefit program is being implemented

2nd Lt. Matthew Vincent at 556-6277.

**GOLF COURSE** - The kitchen area of

the Golf Course 19th Hole Grill will

be closed for renovation until April 19.

Anyone interested should call

**PENSATION** - The Federal Mass

at Peterson Air Force Base.

mit a recipe, follow the guidelines

■ One recipe per page.

affiliation and phone number.

mailing Linh Narum at

Narum at 591-7010.

Chaplain (Capt.) Robert Borger.

be served after the concert.

military personnel flight.

handwritten or typed.

recipe.

directions.

**GOSPEL EXTRAVAGANZA** - This



#### Water works

Colorado Springs Utilities will be putting in a water bypass near the Visitors Center today through Sunday. Traffic around the main gate will be down to one lane throughout the weekend. Heavy machinery will also be moving around the gate. Anyone using the gate is asked to be considerate and drive slow for the construction workers. The project is scheduled to be wrapped up late Sunday.

## Community Notes-

For more information, call 556-7233.

#### CIVILIAN PERSONNEL DATA SYS-

**TEM** - The Air Force-wide conversion to CIVMOD continues until March 15. During the conversion the Human Resources flight will not be able to update civilian training completion, educational information, occupational certifications or awards and decorations information.

**NAF STORE SALE** - Sofa sleepers, chairs, tables, ski equipment, televisions, VCRs and much more will be on sale at Warehouse 12, Building 656 on Otis Street, Wednesday, 9 a.m.-3 p.m. All active duty military, DoD civilians, retirees and military family members are eligible to buy. Items are sold asis. No refunds or exchanges. Items purchased must be removed by 3:30 p.m. the same day.

**COMMISSARY HOURS** - The commissary will be open Monday, 2-6:30 p.m.

#### **RED CROSS CLASSES - The**

American Red Cross will offer a number of classes throughout January and February.

The classes and fees are as fol-

- Adult CPR, March 12, 6-9:30 p.m. There is a \$35 fee.
- First-aid, March 14, 6-9:30 p.m. There is a \$30 fee.
- Babysitter training for youth ages 11-15, March 16 and 23, 9 a.m.-1 p.m. There is a \$30 fee.
- Child and infant CPR, March 20, 6-10 p.m. There is a \$35 fee. For details, call 556-7590.

#### Community Activities <u>Center</u>

**COMMUNITY ACTIVITIES CENTER CLASSES -** The Community Activities Center will offer a number of classes

throughout February and March. The classes and fees are as follows:

■ Framing class, Wednesday, 5-9 p.m. There is a \$25 fee.

#### Education Center

AIR FORCE TUITION ASSISTANCE **PROGRAM** - The Education Center will no longer provide Air Force Tuition Assistance to other branches of the military.

For more information, call 556-4064.

#### SCHOLARSHIPS FOR DEPENDENT CHILDREN - School grants of \$100 to

\$1,000 are available for dependent children. Apply on line at http:www.troa.org.

Application deadline is March 1.

The scholarship program is sponsored by the Retired Officers Association.

#### AIR FORCE AID EDUCATION GRANT

- The General Henry H. Arnold Education Grant program awards \$1,500 grants to sons and daughters of active duty, retired or deceased Air Force members, retired reservists over age 60, and Title 10 reservists on extended active duty. Spouses are also eligible if the sponsor is assigned to the continental United States.

Applications are available at the Family Support Center or for download at http://www.afas.org.

#### Thursday

- Play group, 10:30-noon, at the base chapel.
- Job orientation, 1-2 p.m., at the Family Support Center.
- Estate planning, 1-4 p.m., at the Family Support Center.

#### March 1

■ Bone marrow donor drive, 9 a.m.-3 p.m., in the atruim just inside the doors of Building 1. Security badges not required.

#### Helpful Numbers

- Family Advocacy Center 556-8943
- **Education Center** 556-4064
- Library 556-7462
- Community Center 556-7671
- Aquatics Center 556-4608
- Fitness Center 556-4462
- Officers' Club 556-4181
- Enlisted Club 556-4194
- **Youth Center** 556-7220
- Family Support Center 556-6141
- **Chapel** 556-4442
- Red Cross 556-7590

Peterson Air Force Base Chapel Schedule **Protestant Services** Liturgical Worship

8:15 a.m. **Traditional Sunday** Worship 11 a.m. **Gospel Services** 12:30 p.m. **Sunday School** 9:45 a.m.

**Catholic Services** 

Mass Weekdays 11:35 a.m. Saturdays 5 p.m. Sundays 9:30 a.m. Reconciliation Saturdays 4 p.m. **Religious Education** 

Adult and pre K-12th grade Sundays 8:30 a.m.

#### ■ Scrapbooking class, March 6, 5-7 p.m. There is a \$10 fee for the class and supplies. Bring 6-12 photos. For more information, call 556-1732. **SNOFEST -** SnoFest is this weekend at the Keystone Resort. ■ Partigras tickets are on sale at the CAC for \$10 each. ■ Lift tickets are on sale now at the CAC. Adults (ages 13 and older) pay \$28 per day and youth (5-12 years) pay \$18 per day. For general information about SnoFest, visit or call the CAC, 556-7671 or 556-1733.

## -Commentary

## AEF rotation policy remains unchanged

By Gen. John P. Jumper

Air Force chief of staff

WASHINGTON — Air Force policy for aerospace expeditionary force rotations remains unchanged. Most airmen will be vulnerable for a three-month rotation followed by a 12-month period before the next rotation.

However, the combination of multiple crisis operations and our ongoing steady state commitments has placed extraordinary stress on the expeditionary air force and our resources.

Taking into account everything we know about current and future requirements to support our nation's fight against terrorism, I have determined the best option is to rotate the majority of our AEF 9 and 10 units as scheduled.

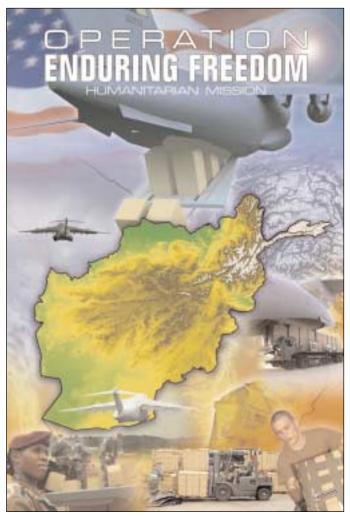
It appears that our current operations will continue for a long period of time; therefore, we need to rotate our expeditionary forces when and where feasible. We will rotate forces deployed for operations Enduring Freedom, Northern Watch and Southern Watch so those deployed the longest will be allowed to rotate home first to the maximum extent possible.

In some stressed functional areas, requirements exceed the available AEF 1 and 2 forces. We are committed to finding solutions, which will relieve the stress on these career fields. We have the full support of the office of the secretary of defense in this effort.

However, at this time, we cannot rotate all of our people in these stressed career fields and fill all current requirements. We are forced to extend the rotation to 135 days, or in some cases, to 179 days, for this small number of individuals.

The number of people affected appears to be less than 10 percent of our deployed forces.

This is an extraordinary time for the Air Force and our country. The nation is grateful for the sacrifices our airmen continue to make in meeting our commitments to fight the war against terrorism and provide defense of the



U.S. Air Force Artwor

A photo montage depicting the C-17's role in Operation Enduring Freedom's humanitarian aid in Afghanistan. C-17 cargo aircraft are staging from Ramstein Air Base, Germany.

American homeland.

The secretary and I are proud of the job you are doing and we are personally committed to maintaining the AEF rotation schedule to the greatest extent possible.

## Air Force facing new challenges

By Chief Master Sgt. Bruce Brady

90th Space Wing Command Chief Master Sergeant

F.E. WARREN AIR FORCE BASE, Wyo. — Our Air Force has never before faced the challenges it now deals with daily.

After Sept. 11, our base was initially locked down and is currently at an unprecedented, sustained force protection level, which taxes our people and resources to the brink of exhaustion.

We continue to deploy people in support of operations Enduring Freedom and Noble Eagle. At the same time, we're tasked to keep protection levels up.

It is time for us to call on our spirit and determination that makes our Air Force Number one in the world.

First and foremost, we are airmen, not medical technicians, security forces members or crewmembers. From the commanding general down to airman basic, we have to pull together as a team and fight this war.

It is time for supervisors to frankly discuss with their subordinates, peers and other supervisors about the definition of teamwork and thinking outside your job. We need to Lastly, it is time to care for our deployed members and their families. We are all part of the Air Force family.

Chief Master Sgt. Bruce Brady

90th Space Wing Command Chief Master Sergeant

take a hard look at what we do and prioritize according to changing missions and security measures. You may discover some job processes are no longer necessary. With the permission of your leadership chain, get rid of them.

It is time to assist other squadrons on base with manpower and resources. We recently deployed a very large number of our services and civil engineer folks.

Commanders and supervisors now face difficult choices about closing facilities and curtailing services.

I think we need to keep those services open, and, if possible, increase their hours to take care of our people. As a volunteer, you can get off work and go over to the fit-

ness facility or family support center to help out for a couple of hours. It takes the entire team during these times to run all base facilities.

It is time to accept the many retired military, spouses and family members who are stepping up to the plate. Don't turn these volunteers away; they are experienced and want to help. They can't carry a gun at the gate, deploy to the missile field or pull door guard duty, but they can work at the fitness facilities, answer phones or wait on customers.

We need to tap this resource and make these people a part of our team. They are needed now more than ever.

Lastly, it is time to care for our deployed members and their families. We are all part of the Air Force family. Sometimes hearing that out loud can get you through a dreary day, just knowing you belong to an elite group and a caring Air Force family.

I came through the gate the other morning about 5 a.m. The airman checking my identification card was visibly cold. I told him, "I know you're freezing your buns off. I appreciate you and what you're doing out here. Keep protecting us."

His face brightened and a smile appeared. A thank you goes a long way.

# A lighthouse called America

By Lt. Col. Jim Hamrick Air Combat Command Headquarters

LANGLEY AIR FORCE BASE, Va. — Everyone is an individual beacon of dedication to our country and values. Combined, our beacons become a lighthouse for the entire world to see; a lighthouse for all free people; a lighthouse guiding us and those who reside in the most forlorn regions of the world.

When we stand tall and do the right thing, we light the way ahead and others follow.

Conversely, when our enemies see the strength of our light, they retreat to their hiding places. Our illuminating beam deters, detects and, if necessary, defeats the enemies of America and her allies.

How do we deter the enemy? We become beacons of professionalism. We carry out our duties with a new sense of resolve and commitment.

We know our requirements and we execute them flawlessly. We document our lessons learned and tout our successes in public forums. Let our enemies see our strength and know we are ready. They will be deterred.

How can we detect the enemy? We are sensors. Whether deployed far away or attending an event in the local community, remain vigilant. Always be on watch for the enemy. Illuminate the activities of those who wish to harm us.

We have resolve. Those enemies not deterred will feel our wrath. When the enemy attacks, we will defend and, if necessary, we will attack. Seek out the backwater strongholds of the enemy and destroy them.

Attack the enemy out of the blackness of night skies, from the depths of the oceans, and on cat feet in their own backyards. Defeat the enemy and reveal the foolishness of their ways in the light of explosions and the red glow of lasers.

Our lighthouse will shine for all free people even as we bring to justice the enemies of America. The world will witness the good will of Americans — the exhaustive efforts taken to minimize civilian casualties and care for people displaced in wartorn regions. Our actions will illuminate the vast differences between our enemies and us.

As an American, you are a beacon for the world. Your beacon is part of a lighthouse that guides the people of the world toward freedom and away from dictators, tyrants, and demagogues. Always shine your light proudly for all to see. You are part of the lighthouse called America.

# Spin, spin, spin

## Health cycles key to achieving cardiovascular fitness

By 2nd Lt. Mike Andrews

21st Space Wing Public Affairs

Spinning -- the dreaded workout that tends to be in a hot, locked racquetball court where there's no escape from your Olympic-trained instructor, right?

Actually, the spinning classes, held as much as 20 times a week at the Peterson fitness center, are amazingly upbeat with music and motivation. It provides a great way to increase your cardiovascular and leg strength, as well as your self-confidence.

"Spinning was originally developed to help improve aerobic and ergometry scores. Peterson was the first Air Force base to offer spinning classes to its members when we started in October 1997," said Cindy White, exercise physiologist and fitness program manager.

The program was deemed a success when it took 10 people who had never passed an ergo test, gave them six weeks of spinning, and 9 out of 10 then passed.

One misconception is that only those who have problems passing the ergo test take the spinning class. "Most people don't know that one 45 minute spinning class can burn up to 500 calories, which is equivalent to running 4-5 miles," said White.

Anyone that's looking at sticking with your New Year's resolution of shedding a few pounds and getting in shape should look into spinning as a great way to achieve both goals.

Signing up for a spinning class is very easy. The first step is to take "The Begin to Spin" class that's offered every Wednesday from 10:15-11 a.m. Simply arrive 15 minutes early, go to the front desk, and sign up.

This course teaches you the basics of spinning: different hand positions, sprints and jumps, and how to stay within your recommended training heart rate. It's a great way to prepare for your first spinning class.

Once you've finished the introductory class, you'll have three spinning classes to choose from. The three classes offered are: strength, interval, and endurance.

The strength class is designed to improve functional strength. Strength rides promote muscular and cardiovascular development that will help you feel like a strong and powerful climber.

The interval class teaches you how to take your body on sprints, climbs, and straight-aways. The interval class is best for improving ergo scores. Typically during in 8-12 week period, most people increase their scores between 5-15 points on the ergo

The endurance class is designed to train the body to be more efficient at metabolizing fat and maintaining a comfortable pace for extended periods. This class is best for those road cycling training or building endurance.

Now that you know the classes offered, signing up and being prepared is the next step. It's recommended that you sign up at the front desk fifteen



Photos by 2nd Lt. Mike Andrews

Cindy White, fitness program manager, conducts a spinning class at the fitness center Wednesday.

minutes prior to the start of the class. You'll receive a spinning card that you hand to the spinning instructor.

A limited amount of heart monitors are also available at the front desk. Heart monitors help keep your heart rate within the recommended 60-90 percent of your maximum heart rate. The max heart rate is found by taking 220 and subtracting your age. Every stationary bike has a card with both the recommended training zones and max heart rate.

Simply put on the heart monitor and watch for your heart rate, and you'll be ready to start the class. The instructor will go around and check everyone's heart rate a few times during the class.

Being prepared will ensure that you have an effective and safe spinning class. It's highly recommended that you bring padded cycling shorts, stiff soled shoes, water bottle, and a towel.

"Staving hydrated and not over doing the workout are important things to remember," said White. "If your heart rate is too high during the class, simply back off, relax and get ready for the rest of the class. It's important to remember that you're in charge of your own workout."

The spinning classes are available to all active-duty, military dependents, retirees and all DoD civilians. Active duty military members do have priority and are allowed to sign up 30 minutes prior to the class.

The 21st Services squadron currently runs the spinning program. For more information please call the Peterson fitness center at 556-4462.

## Sports Shorts -

#### **Intramural basketball** playoffs - Intramural basketball playoffs continue through Feb. 27, 11 a.m.-1 p.m. and 5-9 p.m.

For more information, call 556-4475.

#### **Intramural Volleyball -**Intramural volleyball begins March 11. Monday/Wednesday competitive league -11a.m. to 2 p.m.; and

Tuesday/Thursday recreation

league from 11 a.m. to 2 p.m.

Evening recreation and competitive leagues are Mondays and Wednesdays from 5-9 p.m.

#### Golf coaches meeting -

The intramural golf coaches meeting is March 20 at Silver Spruce Golf Course club house.

For more information call 556-7414.

#### Youth sports coaches -

The youth sports department is looking for coaches for sports such as soccer and baseball.

For more information, call the youth center at 556-7220.

**Personal trainers -** The Fitness Center has personal trainers available.